

Newly Updated & Revised Edition

GV KEYNOTES

WITH

REMEDY RELATIONS



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ABELMOSCHUS (Abel.)

MENTAL

Extreme fear of poisonous creatures such as insects, spiders, scorpions, snakes, flies etc.

Fear that something will happen.

Fear of staying alone at night.

Fear with palpitation.

ABROTANUM (*Abrot.*)

KEYWORDS: ALTERNATION OF PATHOLOGICAL CONDITIONS. ACTS ON GLANDS.

In our literature we find for Abrotanum the word “**metastasis**”, meaning not the metastatic cancer but the alternation of pathological conditions. Examples are: swelling of testes after parotitis (mumps), a rheumatic condition or heart condition after suppression of diarrhoea.

MENTAL

Irritability and maliciousness.

Alternate moods with elements of hysteria.

PHYSICAL

Ailments after **suppression of discharges especially diarrhoea**. Suppression of hemorrhoids.

Pathology conditions change rapidly.

Marasmus (Aeth., Nat-m., Calc.) in children especially of legs (Iod., Sanic., Tub.) and then progresses upwards (which is the reverse of Lyc and Natr-m.).

Newborns fail to gain weight although they have good appetite.

The face looks old, the infant looks like a little old person (Barc., Iodine, Natr-m., Op., Sulph.)

Discharge from the umbilicus, especially in newborns.

MODALITIES

AMEL: Diarrhoea (Nat-s., Zinc.).

AGG: Cold and humid weather.

ACETANILIDUM (Acetan.)

KEYWORDS: RENAL FAILURE - DEPRESSION OF ALL FUNCTIONS.

MENTAL

TIRED, PROSTRATION, WEARISOME.

Tired expression of face. They sit down and tell you in a wearisome manner how **tired**, weary and indifferent they are.

PHYSICAL

BRADYCARDIA, ANÆMIA, HYPOTENSION, KIDNEY FAILURE.

PALE, WEAK.

The function of heart is suppressed. Pulse can be irregular.

Hypothermia. The body temperature is lower than the normal and in general **the whole organism is functioning in a very low gear.**

Fainting spells with cold perspiration, paleness and cyanosis. Orthostatic blood pressure, they will collapse if they get up suddenly.

The cyanosis has two peculiarities - **greyish shade, grey-blue or grey-violet**, mostly only visible on the peripheral

parts of the body especially on the fingers and fingernails, toes, ears, and nose.

Difficult respiration. Shortness of breath with rapid and shallow respiration.

The urine is sometimes brownish in colour and may contain methemoglobin, albumin, casts, and red blood cells and haematuria, oliguria or anuria may ensue.

Common colds easily and feel totally exhausted during the course of the cold.

MODALITIES

AGG.: cold, becoming cold.

ACETIC ACID (Acet-ac.)

KEYWORDS: PALE, THIRSTY, ANAEMIC, EMACIATED, WASTED.

MENTAL

Sour people (esp. when the stomach is chronically affected).

Anxiety about business, about his children.

Delirium with distension and constipation. Delirium during fever.

Irritable during headache.

Confusion of mind, dullness.

PHYSICAL

Profound ANEMIA, PALE FACE, DIMINISHED APPETITE LEADING TO EMACIATION AND CACHEXIA. Emaciation esp. of face, hands and thighs.

Gastritis with sour eructations, sour vomiting. Ulcerative pains in stomach. Induration of the stomach walls.

Impossible to sleep on back. The stomach problems and the acidity are aggravated when lying on the back.

Unquenchable thirst, for large quantities in chronic conditions, but thirstlessness in acute fever.

Fever dry heat, red discoloration of face <left side, with profuse perspiration at night and thirstlessness.

Copious urination.

EXCESSIVE WASTING (EMACIATION) AND DEBILITY (WEAKNESS).

MODALITIES

AGG.: lying on back, vegetables.

AVERS.: cold drinks, cold food.

REMEDY RELATIONS

Compare

Apis, Ars., Carb-ac., Chin., Dig., Lac-d., Nit-ac., Phos.

Antidotes

Hep., Acon., Nux-v., Sep., Stram., Plb., Tub.

ACONITUM NAPELLUS (Acon.)

KEYWORDS: SUDDEN APPEARANCE OF SYMPTOMS. PANIC ATTACKS. FEAR OF IMPENDING DEATH.

All ailments acute or chronic are accompanied by fear of impending death and the feeling that death is imminent or near. Ailments that arise from fright that threatened the life of the person.

MENTAL

AILMENTS FROM FRIGHT.

FEARS: DEATH (during labor, pregnancy, menses, heart symptoms), **predicts the time of death, presentiment of death.** OPEN SPACES, NARROW PLACES, TUNNELS, EARTHQUAKES, CROWDS, AIRPLANES, heart diseases, darkness.

PANIC ATTACKS accompanied by: *palpitations, red face, one sided numbness, faintness, restlessness, perspiration, trembling, vertigo, dyspnoea, fear of death.*

Between the attacks (paroxysms) is silent and generally calm and quiet.

PHYSICAL

Acute symptoms arise from **EXPOSURE TO DRY COLD AIR or WIND** (cough, eye inflammation, coryza, prosopalgia). **From becoming cold during perspiration.**

During fever the skin is dry and hot, intense nervous restlessness and tossing around, chills, with intense thirst for cold water, one cheek is red and hot and the other pale and cold.

Face bloated and red. Redness alternating with paleness.

Internal coldness felt in vessels.

Gastritis (stomach inflammation) after cold food and drinks.

Affections of heart, congestion, endocarditis, pericarditis. Heart affections with numbness on the left upper limb. Hypertrophy with tingling of fingers. Sensation as if the heart would cease.

MODALITIES

AGG.: COLD, DRY WEATHER, cold wind.

DES.: *cold water, beer, wine.*

REMEDY RELATIONS

Complementary

Sulph., Coff., Arn.

Compare

Bell., Stram., Kali-ar., Arg-n., Cann-i., Caust., Phos.

Antidoted by

Acet-ac., Bell., Par., Sulph.